

John Bapst Cheerleading Summer Camp 2009

WHEN: July 8, 9 & 10 9:00 - 2:00

WHERE: John Bapst Memorial High School Gymnasium

COST/REGISTRATION: \$40.00 payment due the first day of camp; make checks payable to John Bapst Memorial High School/ insurance and emergency information forms can be filled out when you register at 8:30 on the 9th. Included in this fee is a camp t-shirt, team photo, CD, and DVD of all camp and fall season materials (cheers, chants, and dances).

ACTIVITIES: conditioning, flexibility, partner stunts, pyramids, jumps, tumbling, dancing, cheers and chants, short routines, and team building events

WEAR: shorts, a fitted top, and cheerleading shoes

BRING: a lunch and water bottle

TEAM-BUILDING ACTIVITIES (DIRECTIONS WILL BE HANDED OUT ON DAY ONE): we will have a pool and lake swimming party after camp on the 9th and 10th

***Any student interested in participating in cheerleading during the football or basketball season is welcome to attend. Please contact Mrs. Babcock at Jbabcock@johnbapst.org if you will be attending!